

May 2021



## Welcome to the IT Club Newsheet!

As from the 17 May we have been able to meet up to six people indoors which is a big step forward.

We are also able to make visits to your house to help with your IT issues. We will of course, be taking precautions (masks, space, sanitising etc) but it will be great to see you again.

Here is a link to the roadmap: <https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>

A reminder of our breath-taking Mount Snowdon Challenge. This event is done under the starlit sky and participants get to watch a beautiful sunrise before their descent. This event is on August 8th-9th 2021. <https://ageconcernepsom.org.uk/get-involved/fundraise/fundraising-events/snowdon-at-nighttrek/>

There is quite a lot of information here, if you want more detail on any topic, or would like a new topic covered, just let me know at [steven.p.dow@me.com](mailto:steven.p.dow@me.com).

We have requests to send this newsheet to other people so you can either send their email address to me or you can simply email them this pdf.

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## Information

Our website is here : <https://ageconcernepsom.org.uk>

The coronavirus update is here: <https://ageconcernepsom.org.uk/coronavirus-update/>

If you have IT problems you can still get telephone help by ringing our office on **01372 732456** between the hours of 9.30 – 1.00, Monday to Friday. An IT volunteer will then ring you back and hopefully solve your problem.

To keep up to date with Age Concern Epsom & Ewell's news and events please sign up to our charity newsletter. <https://ageconcernepsom.us11.list-manage.com/subscribe?u=72744b5e62d99b468ae2072a4&id=9b7e38510d>

All the previous new sheets have been put on the Epsom and Ewell Age Concern website and can be accessed here:

<https://ageconcernepsom.org.uk/about-us/newsletters/it-newsletters/>

## Useful Links

Government advice: <https://www.gov.uk/coronavirus>

Age UK: <https://www.ageuk.org.uk/information-advice/coronavirus/>

The NHS has lots of information: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

111 phone line website: <https://111.nhs.uk>

Livi information: <https://www.livi.co.uk>

# Art 1

The National Gallery has a new virtual exhibition which is very good and well worth a visit.

It is free and you can visit it here:

<https://www.nationalgallery.org.uk/visiting/virtual-tours/the-directors-choice>

After reading the introduction select “Visit online” and you will be taken to the entrance.

Touch the circles on the floor to move to a new position and drag the screen with your finger (or mouse) to look around.



Touch or click a picture to get information about it.

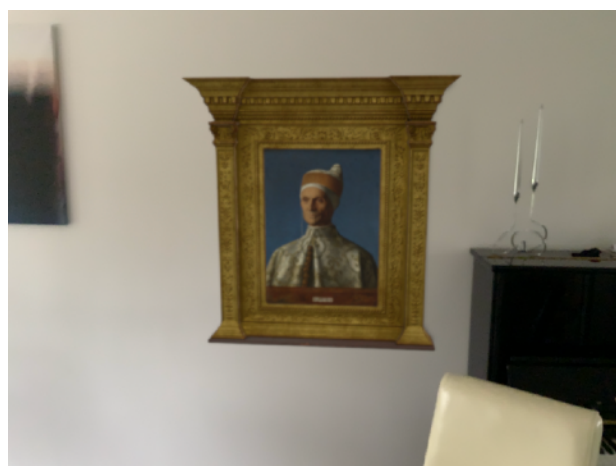
Press the play symbol to hear the director talking about the picture.

? symbol will give you help information.

The 3D symbol enables you to look at the picture from different angles and the 3D cube at the bottom left is “Augmented reality” which lets you view the picture as if it was on your wall at home.

Here is a very valuable portrait on my wall at home!

Augmented reality works only on mobile devices such as the iPad and iPhones.



Here is the National Gallery home page:

<https://www.nationalgallery.org.uk>

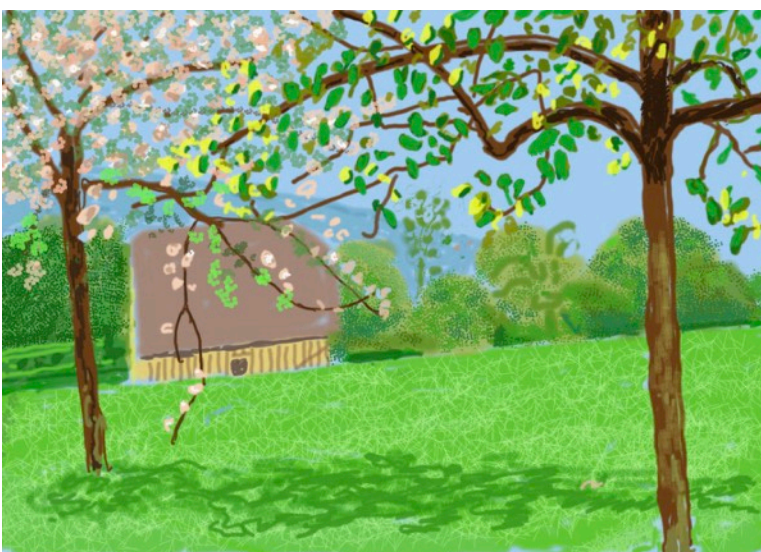
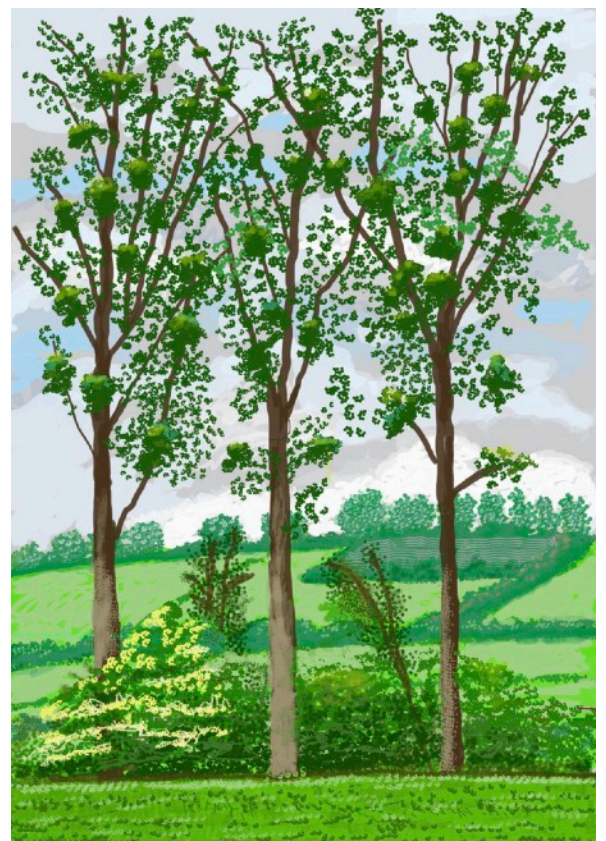
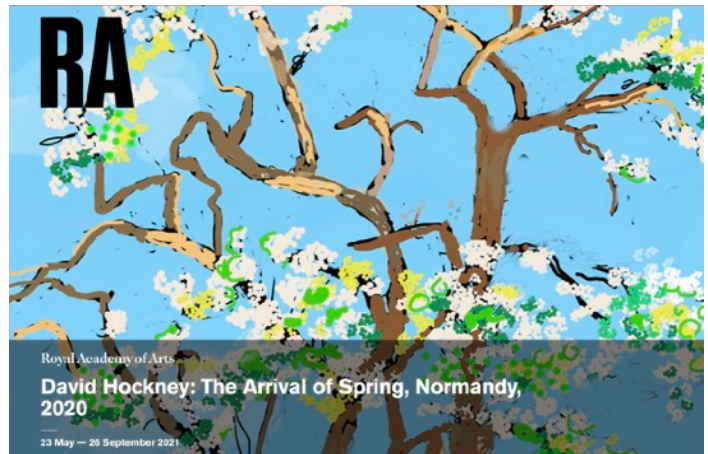
## Art 2

A year ago we looked at David Hockney's iPad art.

Now he has an exhibition at the Royal Academy until 23 September.

Details here:

<https://www.royalacademy.org.uk/exhibition/david-hockney>

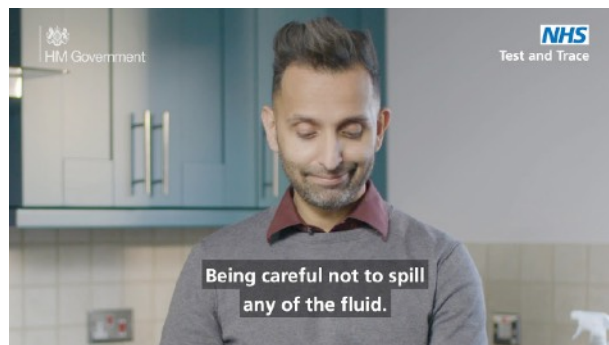


# Health

## Home testing

If you need to do a Covid home test with a home test kit available from chemists, then see this video on YouTube:

I have done a few tests now and the video really helped.



## NHS App

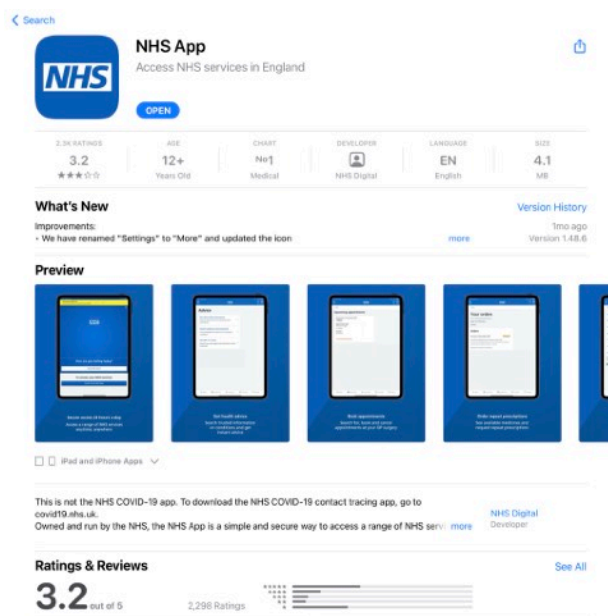
There is much talk about vaccine passports to provide proof that you have had your 2 Covid jabs. At the moment it will probably only be required for foreign travel.

The NHS app will be the method of proving you have had the vaccine. This App has been available for some time but is being updated to show the covid vaccines.

(nb It is not the NHS Covid App which is used for track and trace)

Apart from vaccine information the NHS App integrates with your GP and your records held at your GP's practice. It does the following:

- Gives health advice
- Books appointments with your GP
- Orders repeat prescriptions
- Displays your health record, including vaccinations



You may not have had your vaccine at your GP or your GP may not use the NHS app , so your vaccine may not be recorded yet at your local practice. However the app should be able to access that data, wherever it is, by using your unique NHS number and other personal data.

## How to get the NHS App

Go to Apple App store for iPads and iPhones or Google Play for Android devices and download the NHS App and not the NHS Covid app.

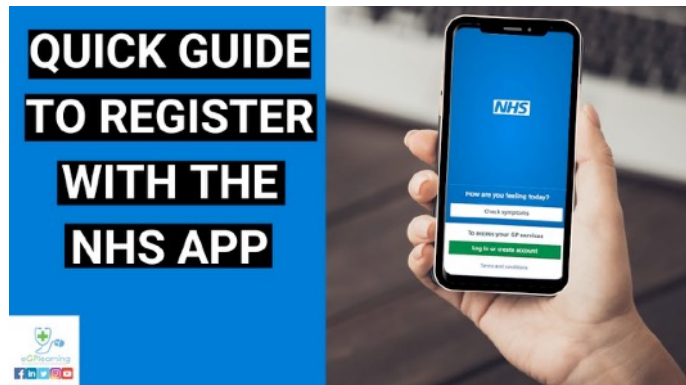
When it has been downloaded you will have to register.

You do need a mobile phone to use the app.

First you will need to login in with an NHS login. If you have not got one then you will need to create one which is quite straightforward, although you will need to use your mobile phone.

The next stage requires a form of identification, such as passport or picture driving licence. You are led through the process and eventually you will be registered.

This video shows you the process step by step:



When successfully installed and registered your vaccine details should be visible and look like this:



If you go abroad or need to prove you have had the vaccinations then you will probably be asked to show this QR code (left):



Another step towards a more normal life!

## AirTags

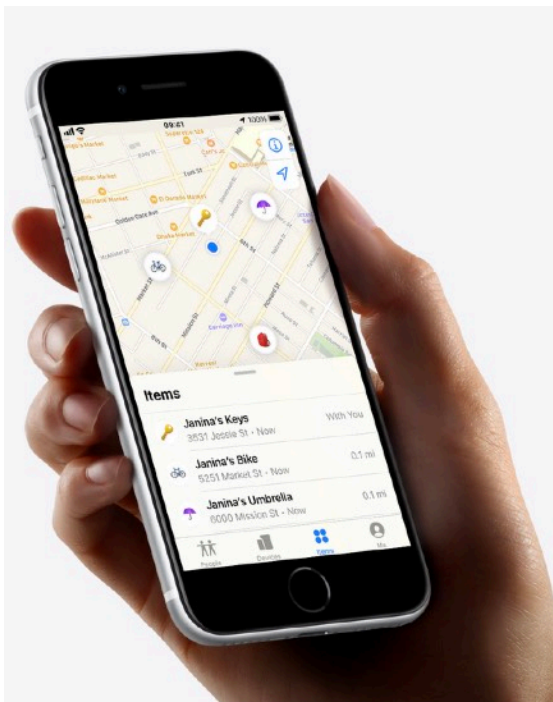
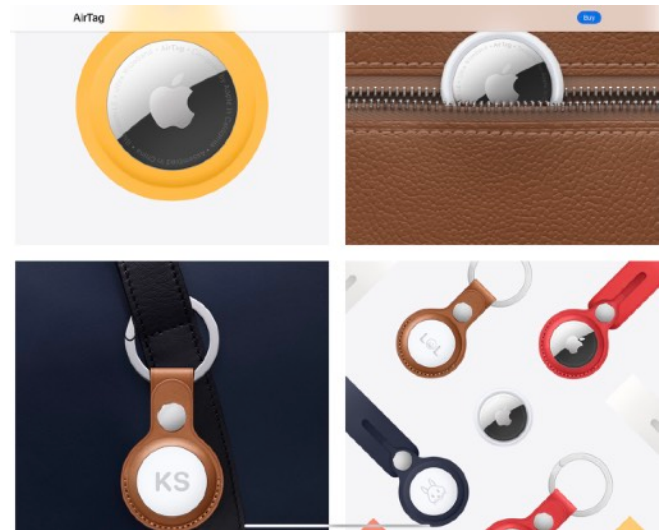
Do you ever lose your keys? Misplace a bag? Can't find your phone?

Apple have recently launched **AirTags** which are bottle top sized discs you attach to your keyring, bag, phone, pet etc.

When activated they will broadcast where they are and hopefully lead you to them.

There have been similar gadgets before but they have been rather crude and, in my experience, have not worked particularly well.

From what I have read these new AirTags are a great improvement.



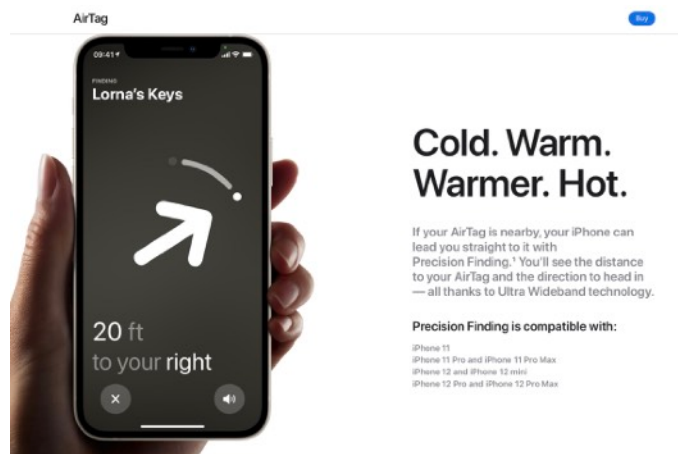
Using the “Find My” app on your iPhone or iPad (it is on all of them) you will be able to see on a map where all your AirTags are.

The example on the left shows where Janina's bike, keys and umbrella are.

If you have an iPhone 11 or later you can get even better directions which are very useful when your keys have dropped down the back of the sofa!

I have some AirTags on order and will report on them next month.

Learn more here: <https://www.apple.com/uk/airtag/>



**Cold. Warm.  
Warmer. Hot.**

If your AirTag is nearby, your iPhone can lead you straight to it with Precision Finding.\* You'll see the distance to your AirTag and the direction to head in — all thanks to Ultra Wideband technology.

Precision Finding is compatible with:

iPhone 11  
iPhone 11 Pro and iPhone 11 Pro Max  
iPhone 12 and iPhone 12 mini  
iPhone 12 Pro and iPhone 12 Pro Max

# Scams

Latest roundup of scams:

1. One of our group received this text:

She rang the bank and they confirmed it was a scam.

Note the odd website address. A legitimate HSBC would start HSBC eg <https://www.hsbc.co.uk>

Another group member received a similar text about a Mr Jones - there are a lot about!

HSBC ALERT: Request for NEW payee MR B SINGH has been made on your account. If this was NOT done by you, visit: [hs-secure-newpayee-removal.com/login](https://hs-secure-newpayee-removal.com/login)

From: VOICEMAIL <[Heeschen@t-online.de](mailto:Heeschen@t-online.de)>  
Date: 13 May 2021 at 12:39:06 BST  
To: [info@bt.co](mailto:info@bt.co)  
Subject: you have a new voicenote  
Reply-To: "[Heeschen@t-online.de](mailto:Heeschen@t-online.de)" <[Heeschen@t-online.de](mailto:Heeschen@t-online.de)>



Dear Customer

you have a new voicenote

From: [+4478652143](tel:+4478652143)\*\*  
Date: 13 MAY 2021 (12:38 PM) PDT  
Duration: 00:00:31

Listen to all your voicenote on the go by clicking on the button below.

Listen to Voice Note

Sincerely,  
Voice-Team ®

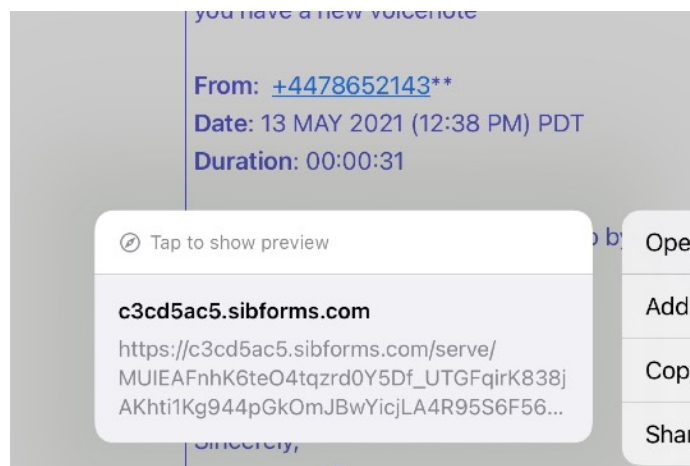
2. BT voice note

Another of our group received this email saying that she had a voice note, whatever that is!

Note the email address in Germany (de), bad grammar etc.

When I touched the Listen to Voice Note (which you should not do) the web address is revealed and definitely not from BT:

nb the iPad has a nice feature - if you touch and hold the Listen to Voice it offers options and displays the website. If you just tap it goes immediately to the website, so beware.



3. Here is one I received

Royal Mail: Please pay your dispatch fee immediately at <https://payfee-rm.co.uk> or your parcel will be returned to sender.

Not a Royal Mail website address and Royal Mail would not do this anyway.

Stop press: 8 people have just been arrested for sending Royal Mail texts: <https://www.bbc.co.uk/>

4. Another of our group received this purporting to come from Santander

The first clue that this is not what it claims to be, is that the recipient does not have a Santander account!

However if you DID have an account it looks very authentic, complete with a claim that “Your security is our priority”.

However, when touching and holding the “My details & setting” button the link is revealed and is definitely not from Santander:

#### Make sure your mobile phone number is up to date

As a result of new regulation coming into effect in March, in addition to providing your ID and security numbers, you will need to confirm identity either through our convenient mobile banking app or by providing a one time passcode which is sent to your phone.

To make sure you can confirm payments, check your settings and make sure your mobile phone number is up to date. Once the correct mobile phone number is entered, the service will automatically start operating.

#### My details & settings

Any customer who does not have a mobile phone can continue to bank using our branches or our telephone banking service.

This is designed to help prevent fraud and increase the security of online payments.

Thank you for choosing Santander.

Yours sincerely

**Saundra Ruttledge**  
Business Manager  
Retail Banking Centre of Excellence

#### Your security is our priority

#### Protect yourself against fraud and scams

- **Never** share a Santander One Time Passcode (OTP), with another person, not even a Santander employee.
- **Never** download software or let anyone remotely log on to your computer or other devices following or during a cold call.

If you're ever asked to do any of these, refuse and contact us immediately.

For more information about fraud and scams visit our online [Security Centre](#)

you can confirm payments, check your settings and make sure your mobile phone number is up to date. Once the correct mobile phone number is entered, the service will start operating.

Tap to show preview

**morkeng.com**

https://morkeng.com/random?  
em=ZWVvYXZlbnkBidGludGVybmV0LmNvbQ  
==&token=vRBib90up&p=santander

Open Link

Add to Reading List

Copy Link

Share...

Please keep sending in the scams, or suspected scams. By sharing them it helps other people in the group identify them.

## Puzzling picture

Is this a long hosepipe or a cricket field boundary rope?



No.

They are processionary caterpillars in Australia.

Here is more about them:

<https://youtu.be/ghbtN52T7OY>

## Finally



If you have any ideas, comments, suggestions please email them to me at [steven.p.dow@me.com](mailto:steven.p.dow@me.com)

See you next month!