

26 May 2020



Welcome to the IT Club Lockdown Newsheet!

This week the theme is **security**.

Many of you know Andrew Gadd, one of our Age Concern IT volunteers who has given regular talks on staying safe on the computer and he has provided the very useful tips below.

In addition we have, like other reputable publications, introduced a horoscope.

There is quite a lot of information here, if you want more detail on anything, just let me know at steven.p.dow@me.com.

We have requests to send this newsheet to other people so you can either send their email address to me or you can simply email them this pdf.

Information

If you have IT problems you can still get telephone help by ringing our office on **01372 732456** between the hours of 9.30 – 1.00, Monday to Friday. An IT volunteer will then ring you back and hopefully solve your problem.

Useful Links

Government advice: <https://www.gov.uk/coronavirus>

Age UK: <https://www.ageuk.org.uk/information-advice/coronavirus/>

The NHS has lots of information: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

111 phone line website: <https://111.nhs.uk>

Livi information: <https://www.livi.co.uk>

News - Good!

Here is part of an article in the Times from Saturday which is encouraging:

Eleni Courea Political Reporter

Downing Street is resisting releasing London from lockdown before the rest of the country despite official data showing only 634 cases in the capital over the past fortnight.

The coronavirus epidemic is now centred in the north and

Midlands and experts say only politics is preventing the south exiting the lockdown quicker.

Only one area south of Birmingham is in the 20 local authorities with the most coronavirus cases in the past two weeks, while those with fewest are clustered in the south, an analysis of official figures by *The Times*

shows.

West Devon has had no confirmed cases in the past fortnight, while nearby Torridge and South Hams, as well as Stroud, the City of London and Epsom and Ewell in Surrey have each had one.

Overall 59 council areas have had fewer than ten cases in two

Email has always been the most common method used by online fraudsters to trick innocent people out of their money, their identity... or both.



It still is



Currently, they're making the most of the current Covid-19 pandemic with convincing messages ranging from vaccines and cures to tax refunds and fake charity appeals.



Forwarded message —
DV UK Notify <denisehsa@pinkcontact.com>
Tue, 5 March 2020, 08:28:50 GMT
UK Updates on COVID-19



PayPal LOCKED ACCOUNT

Dear [redacted]@ntlworld.com, Your account only makes suspicious transactions. We have temporarily limited your account due to this suspicious activity until the issue is resolved.

If you have not authorized this transaction, please dispute the transaction as soon as possible.

I did not authorize this purchase

Transaction payment 13/05/2020
Transaction ID: 48G69111XY1239721

Shipping information
Richard Gerald
13 Rue Valcourt
Saint-Constant, QC J5A 1N6
photowindows@coqeco.ca

Merchant Notes
No information

Details of the original transaction

Description	Prix unitaire	Qty	Montant
Nike T-Shirt Item #: 73800	\$24.99 USD	1	\$24.99 USD
Nike T-Shirt Item #: 28377	\$19.99 USD	1	\$28.99 USD

Fraudsters send emails containing links which seem genuine, but really lead to websites designed to capture your confidential details or infect your devices with viruses and other malware. Or they attach malicious files which, if opened, do the same.

These days, fraudulent emails are becoming more convincing, looking as if they really come from your bank, favourite retailer, NHS, HMRC, police, courier company or other organisation you know and trust. You can't rely on poor spelling, bad grammar and far-fetched messages any longer to spot a fake. Fraudsters can even spoof the sender's email address to make them look authentic.

So, a few tips for using email:

If you receive an email you haven't requested or it seems suspicious *in any way*, make sure it's actually from the person or organisation who claims to have sent it. Do this by phoning / emailing the person or organisation with a number / email address you know to be the right one.

Do NOT click on links in emails from unknown sources, or if it seems strange that the email would come from that source. Never open attachments from unknown sources, or if it seems strange that the email would come from that source.
("Hello Uncle Andrew. I'm in Vietnam and I've just had my wallet stolen...")

We have detect, and resolve unauthorized use
Identity Theft Online Assistance puts you in

Check for poor design, grammar and spelling, and whether the email is **addressed to you by name**. (Not "Dear Customer" etc) However, even if an email passes these tests, it may still be from a fraudster.

Never make a charity donation in response to uninvited emails. Contact the charity directly.

Beware of emails which suggest that you need to transfer money, provide personal details or perform some other critical action urgently to 'resolve a problem'. They are usually 'urgent' too - as they want to make you panic and not think it through. As has been said (a thousand times) elsewhere: *Banks, government departments, the police and other trusted organisations would never communicate with you in this way.*



You've been witness summoned to court.

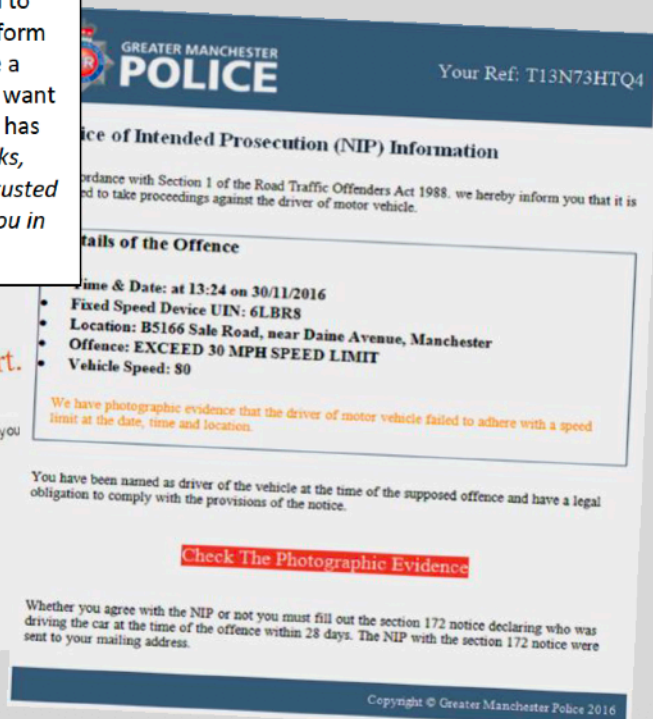
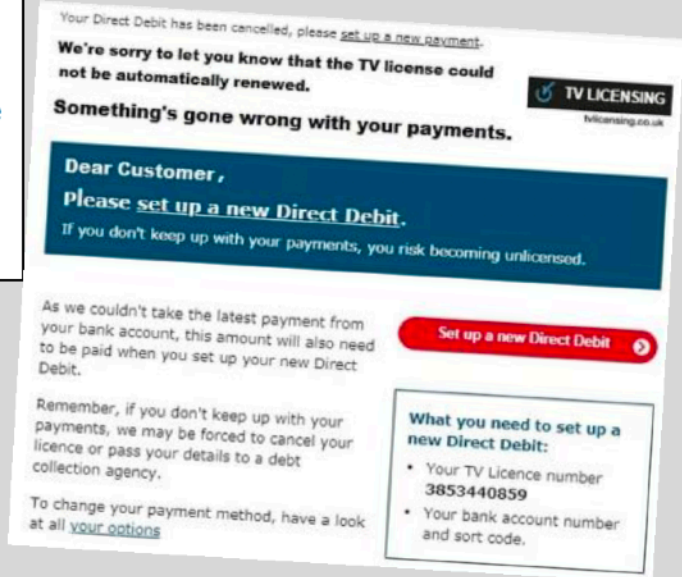
You are hereby summoned to attend to court to give evidence.
It is extremely mandatory that you read the subpoena you received very closely.
This will state exactly what the procedures will be if you fail to do what is required of you

Sincerely Witness Care Unit Agent Mr. Bradley.

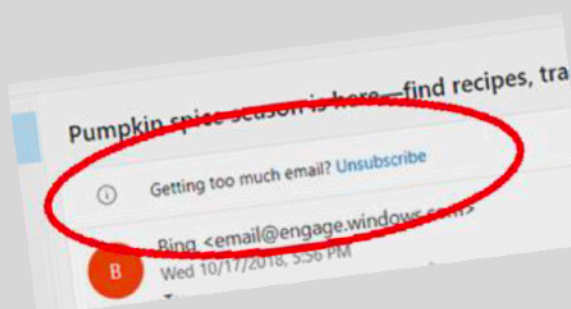
Court location and primary information.

In the Central London County Court
10 November 2016
Before His Honour Judge Bailey
Royal Courts of Justice
Thomas More Building

AlGadd May 2020

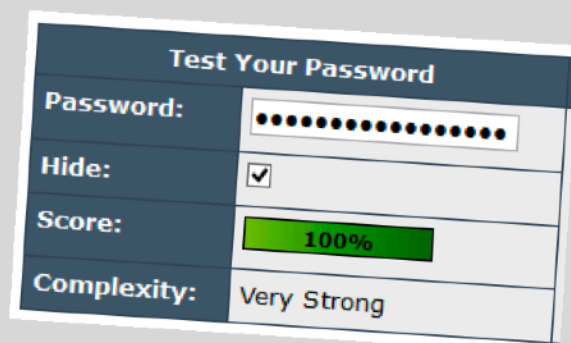


Do **NOT** reply to an email which you suspect is fraudulent. Do **NOT** forward it - unless you are reporting it. nsc.gov.uk/information/report-suspicious-emails



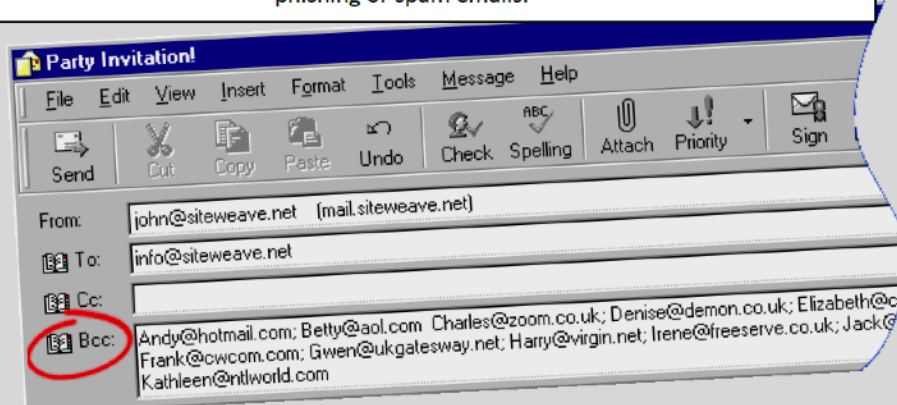
Do NOT click on 'remove', 'unsubscribe' or reply to any unwanted email – you would simply be telling the sender that your email account is live, and may result in you receiving a flood of unwanted scam or spam emails.

Make sure spam filters are switched on and set up appropriately to avoid unwanted emails getting through, but permit authentic ones from trusted sources. Check your junk mail folder regularly in case a legitimate email is filtered into the spam folder by mistake.



Use strong passwords to prevent your email account from being hacked.
passwordmeter.com/
Keep passwords to yourself, and do NOT use the same password on another online account.

When sending emails to multiple people, list their addresses in the 'Bcc' (blind copy) box instead of in the 'To' box. This way, no recipient will see the names of the others, and if their addresses fall into the wrong hands there will be less chance of anyone receiving phishing or spam emails.



Think twice before you click on anything

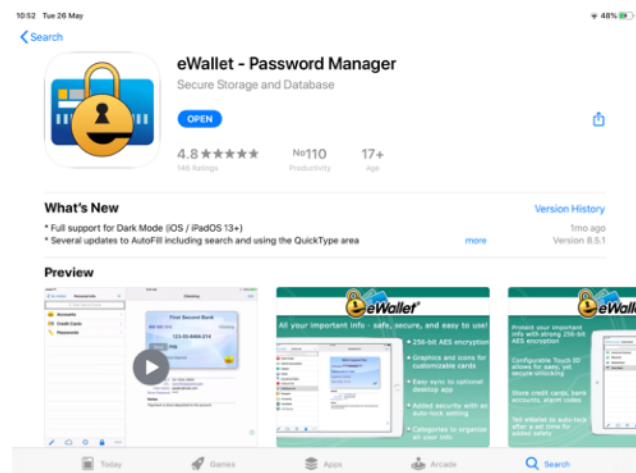
Password Manager Apps

Keeping track of the many different passwords you may have is a nightmare. Many people store the passwords in a book or sheet of paper which, in my experience of IT support, invariably get lost! (Quite apart from being not very secure).

Ideally a Password Manager App would be used. The principle of all these apps is you have to remember (ie not write down) just one password. When you have successfully entered the password (or used a fingerprint or retina scan) you have access to all your other passwords.

However password apps have developed over time and have become quite complex so its difficult to recommend one.

The one I use is eWallet which is simple to use. It is quite old and was free but now I believe costs £9.99



Does anyone use a Password Manager? If so, let us know!

Shopping



Age Concern and Amazon

Remember I, If you shop at Amazon you can help us at Age Concern Epsom and Ewell by switching to smile.amazon.co.uk and they will donate a % of every purchase you make AT NO COST TO YOU.

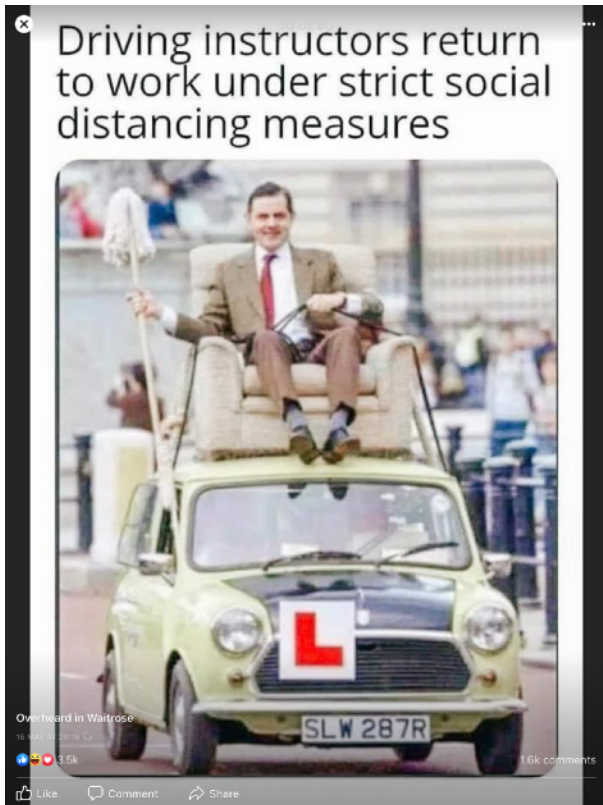
You can find out more here: <https://smile.amazon.co.uk/ch/1139652-0>



Horoscope



Finally



If you have any ideas, comments, suggestions please email them to me at steven.p.dow@me.com

See you next week!