

AGE CONCERN EPSOM AND EWELL

ACEE Coronavirus Response



Welcome to the 2nd Edition of the Age Concern Epsom & Ewell Newsletter

On the 22nd February, the Government released a roadmap that outlines how coronavirus related restrictions could be lifted. The dates specified by the government for each step of the roadmap could change depending on scientific data. The key dates to note are: 29th March, 12th April, 17th May and the 21st June.

For details about the Government Roadmap and what each step entails please visit: <https://www.gov.uk/government/publications/covid-19-response-spring-2021/covid-19-response-spring-2021-summary>.

Age Concern Epsom & Ewell have continued to provide a range of services to the older generation of Epsom & Ewell throughout the pandemic, but unfortunately some of our services such as face to face Befriending, Sunday Tea's and our Men's Group, IT and DIY support have been put on hold until restrictions can be lifted.

We hope to be able to welcome you all back with open arms nearer to the summer if all goes to plan and the government's roadmap is achieved.

Continue to keep safe and we hope to see you all soon.



LOCAL REVEREND ON SABBATICAL

Reverend Emma Cusack from Stoneleigh Methodist Church has been spending her sabbatical volunteering with us at Age Concern Epsom & Ewell. Emma has been assisting our Fundraising and Marketing Coordinator, Charlotte with our new In-Memory Giving and Legacy Strategy. Emma has been a valuable volunteer, carrying out vital research and networking and we hope to be able to work with Emma again in the future.

If you are fortunate enough to have sabbatical leave from work and would like to consider volunteering your time with Age Concern Epsom & Ewell, please do email dawn.collier@ageconcernepsom.org.uk



INTRODUCING THE TRUSTEES LOUISE LAUDY - VICE CHAIR

"Having worked for ACEE in several roles some years ago I was really keen to rejoin the team as a trustee. I identify with the aims of the charity to improve and enhance the lives of older people in the Borough.

As a trustee I wanted to be engaged with the staff and to provide practical support as well as being involved with the trustee board and the executive running of the charity.

I am on the HR sub-committee as well as doing occasional driving for transport appointments and assisting in the office.

I am proud of the way the charity led by the staff has responded to the challenges of Covid 19 and am excited to see what a hopefully more normal year will bring."



UPCOMING EVENTS



APRIL: EASTER BUNNY HOP FUN RUN

We are hosting our very first Virtual Easter Bunny Hop Family Fun Run this April 2021. Throughout April, burn off all that chocolate and raise vital funds for Age Concern Epsom & Ewell at the same time. Whether you walk, run, hop, skip or jump, you can take part and complete a distance and course of your own choice. Our Easter Bunny Hop is a virtual event and suitable for the entire family. Each participant will receive, upon registration, a pair of bunny ears which they can choose to wear either throughout the entire challenge or to submit their completion photo.

Once we have received your completion photos, you will also receive a finishers medal. The Age Concern Easter Bunny Hop is not just a virtual family fun run, but is also a fundraising initiative to help our charity to continue providing vital services to older people in the Epsom & Ewell Borough. Although it is not compulsory, we do kindly ask that participants try to raise some sponsorship for this event, to assist Age Concern Epsom & Ewell in helping older local people to feel less alone. To register for this event please visit www.ageconcernepsom.org.uk/get-involved/fundraise/fundraising-events/virtual-easter-bunny-hop/



AUGUST: MOUNT SNOWDON AT NIGHT TREK

Join us on the 7th-8th August as we explore the highest mountain in Wales and England by moonlight! Following the Llanberis track to the summit using torches to light our way, trekking by night will bring a fresh twist to this classic charity challenge.

Upon reaching the summit we'll be rewarded with unforgettable views of the sun rising across the Snowdonia National Park, and as we descend breath taking sights of the mountain range will appear before us.

Once we reach the finish line in Llanberis we'll celebrate our achievement with a well-earned breakfast knowing that we have raised funds for Age Concern Epsom & Ewell! If you wish to take part please visit <https://ageconcernepsom.org.uk/get-involved/fundraise/fundraising-events/snowdon-at-night-trek/>

VOLUNTEERS

If the Government roadmap goes to plan, we hope to have our face to face befriending services back up and running by the 17th May. As of March 8th we have 17 older clients waiting to be matched with volunteer befrienders and 7 new befrienders waiting to start befriending.

Dawn, our Volunteer Coordinator has been busy keeping in contact with many of our volunteers and will continue to do so moving forward. If you have not heard from Dawn, and need to update any of your details please email her at dawn.collier@ageconcernepsom.org.uk.

Dawn and Gloria, our Social Support Coordinator have been keeping in contact with volunteers by becoming stars of the YouTube Screen.

This has proven to be a great way to communicate with our volunteers. We do encourage our supporters to subscribe to our YouTube channel at https://www.youtube.com/results?search_query=age+concern+epsom and see where Dawn and Gloria will go next!



MEET JULIE ACEE FOOTCARE PRACTITIONER

Julie has been a Footcare Practitioner for the last 14 years and has a wealth of experience and training behind her.

Trained by the NHS in Nail Pathology and Foot and Nail Care, Julie can help those with most medical conditions, with their foot health. Having happy healthy feet is very important for day to day life. Offering an affordable service, with premium level customer services, Julie is always looking to expand the Age Concern Epsom & Ewell Foot Clinic client base. The Foot Clinic is open to all, regardless of age or location. To find out more or to register please visit www.ageconcernepsom.org.uk/our-services/foot-clinic/



VOLUNTEER INSIGHTS



MEET DAPHNE:
I&A VOLUNTEER

"I loved my job and was very sad when retirement eventually came. I had put it off for as long as possible but at 72 last July the circumstances made it right to call it a day. I missed the comradery, the working together as a team and the challenges of the job.

Knowing the time for retirement would have to come, I had been looking for some time for suitable voluntary work. The nasty covid restricted what charities could do so there wasn't much available but then my husband noticed that Dawn Collier was looking for more volunteers at Age Concern Epsom and Ewell (advertised in the Town Cryer) so I emailed her and was warmly received.

An interview and two references later I was inducted to the information and advice team. I feel that now I get much more out of the work than I put in. Everyone in the office is so friendly. I have the experience of team work again and as you can be asked anything on the phone the challenges have come back.

However, the tedious journey I had to work and the pressure to make profits have both gone! At the moment, I have to stay at home and shield but there are still jobs for me to do remotely keeping the brain cells busy. There are so many different opportunities here calling for so many different skills. We all have transferable skills gained from experience of life. We know and can do more than we think we can! I would urge anyone to apply."



AGE Concern Epsom & Ewell

Our friendly and experienced footcare practitioner can cut toenails, file skin and give advice on footcare in our clinic.

The service is available to anyone who lives in or around Surrey

We can offer the footcare service to people with most medical conditions but please check when registering

There is a one off registration fee of £15. This fee includes a set of instruments. Clients bring their own instruments to each appointment.

Foot Clinic appointment £17*

Finger nail clipping during a toenail cutting appointment costs an extra £3.00*
*Fees subject to change

To book an appointment please call the Foot Clinic on

Thursday or Friday
01372 747 077

or email
info@ageconcernepsom.org.uk

Community and Wellbeing Centre
Sefton Road
Epsom KT19 9HG

www.ageconcernepsom.org.uk

£5 OFF

GET £5 OFF OF YOUR FOOT CLINIC REGISTRATION FEE

This voucher entitles you to a registration fee of just £10. This offer is valid at the Age Concern Epsom & Ewell Foot Clinic until 30 April 2021. This offer is not transferable

LOTTERY RESULTS

To find out how to join our monthly lottery club, visit www.ageconcernepsom.org.uk/donations/join-our-monthly-lottery-club/ or call 01372 732 451

DECEMBER WINNERS

1ST - £71.20 #92: MARGARET HENSON
2ND - £44.50 #24: GEOFF THOMPSON
3RD - £26.70 #203: HELEN QUAIFE

JANUARY WINNERS:

1ST - £73.50 #28: ISOBEL GLANVILLE TAYLOR
2ND - £45.75 #11: HELEN FOOTE
3RD - £27.45 #92: MARGARET HENSON

FEBRUARY WINNERS:

1ST - £73.20 #84: GAY DONOVAN
2ND - £45.75 #151: MARGARET MARTIN
3RD - £27.45 #87: MC STANDISH



RECENT APPEALS AND EVENTS



CHRISTMAS CAMPAIGN

Although it seems like a long time ago, our Christmas Campaign 2020 was a great success. With £3000 donated to us in Matched Funding from Toyota, we raised a whopping £7400.40. Funds raised during this campaign have gone directly into our Coronavirus Recovery Plan, helping Age Concern Epsom & Ewell to continue providing vital services to the older generation in Epsom & Ewell throughout the pandemic. Thank you to all of our supporters and all the local businesses that took part in our video campaign, which can be watched on our YouTube channel: <https://youtu.be/QpXvnPPZRc8>.



OPERATION CUPID



On Friday 12th February 2021, a team of volunteers from Pfizer UK delivered 10 Valentine's Day themed Afternoon Tea boxes to 10 older couples within the borough. These afternoon tea boxes were donated and lovingly put together by the very generous team at The Oracle Group, Epsom. The couples were treated to not only a delicious variety of snacks, but also handmade cards from pupils at Kingswood House School and a knitted heart from one of our older supporters, Juliette. To complete the surprise, Wayne Woodward, 2016 runner up of Britain's Got Talent, created a video for each of the couples with his rendition of Cilla Black's, Your My World. What a great way to spread love and happiness!



KNITTED CHICK APPEAL

We would like to say a huge thankyou to all of our knitters who took part in our very 1st Knitted Easter Chick Appeal. The response we received was phenomenal, and as a result we now have over 200 knitted chicks, ready to be sent out this Easter. Due to the success of this appeal, we will also be holding our very 1st Christmas Knitting Appeal, where knitters can create festive covers for a well-known chocolate orange. All funds raised through their sales, will be used to continue providing vital services to the older generation of Epsom & Ewell.

CAN YOU COMPLETE THIS WORDSEARCH?

Sea and Beach

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- SURROUND
- NORTHERN
- HORSESHOE
- ROUGHLY
- SANDY
- SCATTER
- STRETCH
- TRAWLING NET
- TOWEL
- WESTERN
- CANOPY
- SOUTHERN
- SUN LOUNGER
- PIER
- COVE
- EASTERN

CONTACT US

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